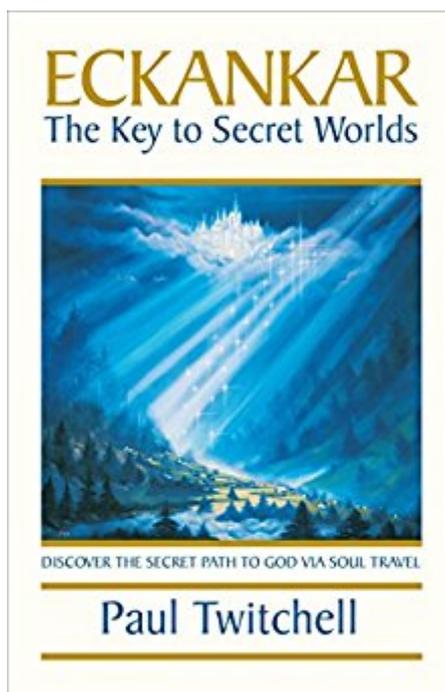


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# ECKANKAR--The Key To Secret Worlds



## Synopsis

The rockets of the twentieth century ushered man into the exciting frontiers of outer space. But what of his inner universe? Unfortunately, it remains a black hole of mystery and speculation. The lightning-fast pace of today leaves us with little time to ask: What on earth am I doing here? Our search for love, wisdom, and freedom has so far been mostly in vain. Then our eyes catch sight of the enchanting words Soul Travel! Dare we hope? Soul Travel is the means the great saints have always used to find the secret kingdom of God while still in their physical bodies. Today, the worlds of God again beckon the restless and weary traveler. All he needs for this journey is a road map and a willing heart. ECKANKAR--The Key to Secret Worlds is the map, but the reader must bring his willingness and curiosity. All aboard for the Astral, Causal, Mental, and Soul Planes. The flight is now boarding. Welcome!

## Book Information

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## Customer Reviews

Glad to discover that .com carries this book! I enjoyed it immensely when I first read it 26 years ago. I last read it 12 years ago, so take that into account, but I really think it's content is timeless.

Twitchell writes about various spiritual principles (most of which are addressed by all religions in one way or another) that can be applied in daily life. He looks at these in a fresh way and offers some concrete possible answers for what I believe are common nagging questions of spiritual seekers. For example: What are dreams, really? Just how do I contact Divine Spirit, or the force for which all religions have a name? (Names like the Holy Spirit, the Word of God, the Bani, the Light, the Sound, and the Shabda -- the list goes on. It even pops up in the "Star Wars" movies as the Force. Eckankar -- a relatively new outer-world religion but an ancient teaching many thousands of years old -- calls the Spirit "the Eck," a word evolved from the Greek or Sanskrit Ek meaning the One Oneness or, simply, One.) Twitchell and Eckankar consider Spirit to be tangible to us as both light (the burning bush of the Christian scriptures, for example) and as sound (the celestial symphony referred to in the scriptures of nearly all religions). They teach ways to experience it and benefit from contact with it. Twitchell offers thought-provoking information, some of which some readers may find fantastical or unbelievable. He writes about inner spiritual masters, whom he encountered sometimes outwardly, and inwardly during contemplations and dreams. I tried his first contemplative technique and quickly got results, meaning I experienced concrete help in my outer life by calling upon these "spiritual travelers."

Paul Twitchell (1909-1971) was the founder of the contemporary religious movement of Eckankar, and was considered to be its "Living ECK Master." He wrote a number of books such as *The Tiger's Fang*, *The Spiritual Notebook*, *Difficulties of Becoming the Living ECK Master*, *The Shariyat-Ki-Sugmad Book I/Book Two*, etc. The popular parapsychological writer Brad Steiger also wrote a biography of him: *In My Soul I Am Free*. He wrote in the first chapter of this 1969 book, "I could come and go in the soul body at an age when most children are not aware of what is going on around themselves, but my soul traveling was a fact generally kept secret... the members of our family remained silent. We were all able to move in and out of our bodies... Only my half-sister and I discussed it, and she, being several years older, taught me the art of soul travel when I was the age of three..."

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